

# PART TWO

WHAT WE NEED TO DO



## WEEK SIX

# UNDERSTANDING THE BIBLE

**WATCH** *Bible: Holding on to God's Word*

## Big Idea

The Bible is God's Word. It's His voice, constant and unchanging, speaking to a culture and a world that is always moving fast. Sometimes, it may seem impossible in the middle of your busy schedule to make time for God. Here's the good news: holding on to God's Word is not as hard as you think. Start by using the First Fifteen approach. Give God the first 15 minutes of your day by spending five minutes in the Bible, five minutes in worship, and five minutes in prayer. If you take those simple steps, God will honor your commitment and the Word will put down roots in the heart of who you are. Make this time the foundation of your day and watch how quickly God uses it to transform your everyday life.

*For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.*

HEBREWS 4:12 NIV

## Discussion

- What is the Bible to you? Has this week's teaching changed the way you view the Bible? If so, how?
- Discuss the First Fifteen approach. How could giving God the first of each day by starting every morning with five minutes in the Word, five minutes in worship, and five minutes in prayer make a difference to the rest of your day?
- Have you seen your decisions and actions change by holding on to God's Word? How?
- Share your experience with reading the Bible. What has worked well for you? What has not worked well for you?

## Prayer Focus

This week, focus on praying that the Word of God would draw you into a more vibrant relationship with the Father.

## Next Steps

- Make a commitment to set the foundation of your life in God's Word. Find and use a study Bible in a translation that helps you understand the Word better.
- Dedicate the first part of your day to Him by taking the First Fifteen approach.
- Decide ahead of time that you will attend church each week so that you can hear the Word preached regularly.

